



Rochedale State School Tuckshop Menu and Price List - 2009



COLD FOOD		HOT FOOD		DRINKS ETC	
Sandwiches (White, Wholemeal or MultiGrain, also available on rolls - add 20c Extra)	Price		Price		Price
Lite Cheese Single	\$ 1.70	Chicken Nuggets (Limit 4)	40c Each	Sports Cap Bottled Water	\$ 1.60
Lite Cheese Single and Tomato	\$ 1.90	Chicken Fillet Burger with Lettuce and Mayo	\$ 3.40	Flavoured Spring Water	\$ 1.50
Lite Cheese Single and Vegemite	\$ 1.90	Chilli Tender Sub, Lettuce, Carrot, Tomato and Mayo	\$ 3.10	Thorpedo	\$ 1.80
Chicken	\$ 2.70	Lite Beef Patti Burger (Sauce and Cheese)	\$ 3.40	Milk - Lite Chocolate	\$ 1.80
Chicken and Salad	\$ 3.90	Corn on Cob	\$ 0.80	- Lite Iced Coffee	\$ 1.80
Egg	\$ 1.80	Hot Chicken and Lettuce Roll with Mayo	\$ 3.00	- Lite Strawberry	\$ 1.80
Egg and Lettuce	\$ 1.90	Hot Dog with Sauce (97% Fat Free)	\$ 2.20	- Vanilla Malt	\$ 1.80
Lite Ham	\$ 1.90	Hot Dog with Cheese and Sauce (97% Fat Free)	\$ 2.60	- Plain	\$ 1.10
Lite Ham and Salad	\$ 3.70	Lasagne with Splade	\$ 3.20	Sipahh with Plain Milk	\$ 1.60
Salad	\$ 3.00	Nacho Dippers with Spoon	\$ 3.40	Popper Assorted Juices - Large	\$ 1.30
Tomato	\$ 1.70	Lite Mini Pie (Limit 2)	85c Each	- Small	\$ 1.00
Tuna	\$ 2.70	Noodles in a Cup (Beef or Chicken)	\$ 1.70	Liddel's Lactose Free Chocolate Milk	\$ 1.60
Tuna with Salad	\$ 3.90	Pizza Rounda	\$ 2.20	Sanitarium L/L Soy Milk Chocolate	\$ 1.70
Vegemite or Peanut Butter or Jam or Tomato Sauce	\$ 1.70	Macaroni Cheese with Splade	\$ 3.20	Sanitarium Up and Go	\$ 1.80
Extra Salad/Cheese/Onion Available on Request	30c Each	Toasted Sandwiches		Desserts	
		Baked Beans	\$ 2.00	Custard	\$ 1.20
Lavash (Wraps)		Banana	\$ 2.70	Frozen Yoghurt - Strawberry or Mango	\$ 1.70
Lettuce, Carrot, Tomato and Cheese	\$ 3.20	Banana and Pineapple	\$ 2.90	Kids Yoghurt - Strawberry or Vanilla or Peach/Pear	\$ 1.00
Lite Ham, Lettuce, Carrot, tomato and Cheese	\$ 3.50	Cheese	\$ 1.90	Snacks	
Chicken, Lettuce, Carrot, Tomato and Cheese	\$ 4.20	Cheese and Tomato	\$ 2.10	Aussie Animal Biscuits	\$ 0.70
Salad Box		Chicken	\$ 2.90	Tube of Fresh Chopped Fruit	\$ 3.00
Chicken, Cheese and Salad, Bread, Fruit, Fork	\$ 4.50	Chicken and Cheese	\$ 3.00	Cheese Stick	\$ 0.80
Egg, Cheese and Salad, Bread, Fruit, Fork	\$ 4.00	Chicken, Cheese and Pineapple	\$ 3.10	Fresh Fruit	\$ 1.00
Lite Ham, Cheese and Salad, Fruit, Fork	\$ 4.50	Lite Ham	\$ 2.10	Fruit Stick	\$ 0.60
Tuna, Cheese and Salad, Bread, Fruit, Fork	\$ 4.70	Lite Ham and Cheese	\$ 2.70	Apple Slinky	\$ 1.00
Salad Only, Fork	\$ 2.50	Lite Ham, Cheese and Tomato	\$ 2.90	Own Apple - Slinkied	\$ 0.10
Bakery		Raisin Toast (2 Slices)	\$ 1.70	Assorted Goulburn Valley Fruit Tubs	\$ 1.50
Cheese and Bacon Roll	\$ 1.90	Meal Deals		Kelloggs Cereal Bowl, Milk, Spoon	\$ 2.80
Choc Chip Muffin or Patty Cake	\$ 0.80	Lite Meat Pie, fresh Fruit and Water	\$ 3.80	BIG LUNCH ONLY!!!	
Plain Scone (Jam on request)	\$ 1.40	Pizza - Ham and Pineapple, Lite Milk, Fruit Stick	\$ 3.60	Chips - Assorted Flavours	From 80c
Sultana Scone (Jam on request)	\$ 1.60	Extras		Ice Cream (not available through bags) - Assorted Flavours	From 50c
Cheddarmite Scroll	\$ 1.60	Slice of Bread	\$ 0.25	Miscellaneous	
Rice Cake		Bread Roll	\$ 0.60	Tuckshop Order Bags	10c
with Cheese and Tomato	\$ 1.10	Boiled Egg	\$ 0.50	Plastic Cutlery	10c
with Cheese	\$ 1.00	Sauces Available on Request - BBQ and Sweet Chilli	No Charge	Tomato Sauce Sachet	30c
with Vegemite or Peanut Butter or Jam	\$ 0.70	BREAK TIMES		TUCKSHOP HOURS	
Sao		Little Lunch	10:50 am - 11:20 am	Monday to Friday, 8:00 am to 1:30 pm	
with Cheese	\$ 0.60	Big Lunch	1:00 pm - 1:45 pm	Phone Number - 3340 8333	
with Cheese and Tomato	\$ 0.70			Norma's Mobile: 0400 701 051	
with Vegemite or Peanut Butter or Jam	\$ 0.40				

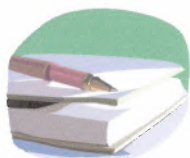
STATIONERY PRICE LIST

❖ Blue or Red Biro	50¢ ea
❖ Botany Book (48 page – Years 2,3,&4)	50¢ ea
❖ Botany Book (64 page)	60¢ ea
❖ Colouring Pencils (12 Colours)	\$4.15 ea
❖ Document Wallet	70¢ ea
❖ Exercise Pad (48 page – Years 2, 3 & 4 Wide Rule)	50¢ ea
❖ Exercise Pad (48 page)	50¢ ea
❖ Exercise Pad (64 page)	60¢ ea
❖ Glue Stick	\$3.30 ea
❖ Grid Book (48 page – 7mm)	50¢ ea
❖ HB Pencil	40¢ ea
❖ Manilla Folder	30¢ ea
❖ Pencil Eraser	80¢ ea
❖ Plastic Pencil Sharpener	30¢ ea
❖ Plastic Ruler	60¢ ea
❖ No. 523 Project Book (Olympic)	\$2.20 ea
❖ Protractor	50¢ ea
❖ Quad Book (48 page – 10mm)	50¢ ea
❖ Scissors – Large (Left & Right Hand)	\$2.00 ea
❖ Scissors – Small (Left & Right Hand)	\$1.80 ea
❖ Scrap Book	\$2.00 ea
❖ Binder Book (48 page) – A4 Ruled – 8mm	70¢ ea



OTHER

❖ Lycra Bathing Cap (Blue)	\$6.80 ea
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ROCHEDALE STATE SCHOOL – TUCKSHOP 2009

Volunteers are always needed. If you can assist fortnightly or monthly, please contact Norma James on 0400 701 051.

The Tuckshop is open Monday to Friday 8:00am to 1:30pm

HOW TO ORDER

Please use a standard size 243mm x 202mm brown paper lunch bag (available in supermarkets). Clearly mark your child's name and year level on the top of the bag and "Little Lunch", "Big Lunch" or "Big Lunch – Sport" directly underneath – a separate bag for each. Under this write your order and the price. If possible please assist us by providing the correct change or alternatively mark on the bag the amount enclosed and the change required.

Your change will then be taped to the outside of your child's lunch bag. Orders are to be placed in plastic containers on the counter marked "BIG LUNCH", "LITTLE LUNCH" or "COMBINED BIG LUNCH & LITTLE LUNCH".



e.g.

Jimmy Green 1A		Jimmy Green 1A	
LITTLE LUNCH		BIG LUNCH	
Plain Scone	\$1.40	Toasted Banana Sandwich	\$2.70
Lite Choc Milk	\$1.80	Large Popper	\$1.30
	<u>\$3.20</u>		<u>\$4.00</u>

Please do not use staples or sticky tape to seal lunch bags. Lunches are not prepared unless ordered.



All orders are to be in by 9:00am.